

SWIMMING

Rylee makes a splash

ERIN SMITH

erin.smith@news.com.au

Rylee Smith shows off her butterfly skills and inset with some of her awards from the 2018/19 swimming season.

RYLEE Smith is only 10 years old, but the determined youngster is well on her way to becoming just as successful as the Aussie Olympians she admires so much.

The North Lakes girl, who trains at Redcliffe Leagues Swimming Club, started competing when she was seven.

She has been nominated in this year's Local Sports Stars awards.

This year she was named the 11-years girls swimming age champion at Mueller College and broke the school 50m backstroke record.

She was the age champion at the Redcliffe District Swimming carnival and selected to represent the Sunshine Coast Region at the Queensland State Schools swimming championships in seven events in March.

Rylee finished within the top 20 in the state in most events.

She doesn't have a "main event" yet, but loves to race butterfly and the individual medley.

Rylee trains five days a week.

"In the lead up to states I had to swim 1km of butterfly each day before my normal training which consists of half an hour of stretches and core activation, then approx. 4km in the water each day doing kick sets, drills, stroke correction and sprints," she said.

Her goal is to make age nationals when she is old enough.

"Ultimately (I'd like to) make the Australian Olympic Swimming team in 2024 or 2028," she said. Just like her sporting heroes Emma McKeon and Geoff Huegill.

To nominate a Local Sports Star visit [localsports stars.com.au](https://localsports.stars.com.au)